

## What Happens After I Give My Permission?

There are several steps that the team will take after you sign the permission form:

1. The SAP team will gather specific information about child's performance in school from all school staff who have contact with your child. A SAP team member will also talk with you either in person or over the phone about your observations, your child's strengths, and your concerns.
2. Together, you and the SAP team will develop a plan of action to help your child achieve success in school. The plan might include services and activities in school and/or services from a community agency. IF necessary, the SAP team will talk with you about services in the community and give you information on how to contact others who may be able to help.
3. The SAP team will continue to work with and support your child. They will stay in touch with you to talk about your child's progress and success in school. Your continued involvement is very important.



## Contacting Your School's Student Assistance Program Team 570-874-3661

If you feel that your child may need help, call the school and ask to speak with a member of the SAP team. Someone will be there to help.

Erin Anderson—Teacher  
Jennifer Bell—Teacher  
Janelle Hansbury—Asst. Principal  
Michelle Hull—Guidance Counselor  
Angela Kempsey—Teacher  
Nancy Nestor—Teacher  
Jamie Damiter, BI  
Megan Rollenhagen—Social Worker  
Lisa Trask—School Nurse  
Brian Wolfe—Teacher  
Missy Whitaker—Principal

### Privacy

The SAP team members takes privacy very seriously. The team and the school will respect you and your child's privacy at all times.

More Information is available at:

North Schuylkill Elementary Website at:  
<http://www.northschuylkill.net/esap.html>

Pennsylvania Department of Education at:  
[www.sap.state.pa.us](http://www.sap.state.pa.us)  
717-783-6777

## Are You Worried About Your Child?



The North Schuylkill  
Elementary  
Student Assistance Program  
Can Help

***A Guide for Parents and  
Families***

North Schuylkill School District  
Home of the Spartans 



## What is the Student Assistance Program?

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In Pennsylvania, every high school, middle school, and some elementary schools have a Student Assistance Program (SAP). A SAP team made up of school and community agency staff, is here to help you access school and community services.

## How do I know if my child needs the Student Assistance Program?

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Do you see your child showing any of these behaviors?

- \* Withdrawal from family, friends and/or school
- \* Changing friends; no longer spends time with old friends
- \* Unexplained physical injuries
- \* Talking about suicide
- \* Depressed
- \* Defying authority, both at home and at school
- \* Acting aggressively
- \* Lying
- \* Needing money without an explanation
- \* Sudden drop in grades
- \* Experimenting with drugs or alcohol

Are you concerned about your child's reaction to:

- \* Recent death of a loved one
- \* Divorce of parents
- \* Family relocation
- \* A relationship problem
- \* Other traumatic event

If your child is having trouble in or out of school we can help you. There may be times when you just don't know how to help your child. That's okay; someone else may know how to help.

Don't feel embarrassed or uncomfortable about asking for help. When extra help is needed, knowing how and where to find help can be overwhelming.

## How does my child become involved in the program?

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Your school's SAP team will help you find services and assistance within the school and, if needed, in the community. We do not diagnose, treat, or refer your child for treatment. Rather, we will provide you with information; **you** make the choices. **Remember, you are part of our team.** Our goal is to help your child succeed in school.

Students come to the SAP team in different ways. Anyone can refer a student to the Student Assistance Program. Some students are referred by teachers and other school personnel. Any school staff member, a student's friend or family member can let the SAP team know that they are worried about someone. The students themselves can even go directly to the SAP team to ask for help;. However, the SAP team will not become involved unless we receive your permission.

What if someone has already referred my child to the program?

First, know that your child was referred because someone is concerned about observable changes they are seeing in your child.

