

North Schuylkill Breakfast Menu High School April/ May 2017

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/24 Breakfast Pizza Juice or Fruit Low Fat Milk	4/25 Breakfast Taco Egg / Cheese/ Potato 100% Juice or Fruit Low Fat Milk	4/26 Cinnamon Pretzel Stick 100% Juice or Fruit Low Fat Milk	4/27 Scrambled Egg Patty w/ Cheese on English Muffin 100% Juice or Fruit Low Fat Milk	4/28 Sausage Pancake Wrap 100% Juice or Fruit Low Fat Milk
5/1 Breakfast Pizza Juice or Fruit Low Fat Milk	5/2 Mini French Toast Juice or Fruit Low Fat Milk	5/3 Assorted Filled Mini Bagels 100% Juice or Fruit Low Fat Milk	5/4 Scrambled Egg Patty w/ Cheese on English Muffin 100% Juice or Fruit Low Fat Milk	5/5 Assorted Fruit Filled Pastry 100% Juice or Fruit Low Fat Milk
5/8 Breakfast Pizza Juice or Fruit Low Fat Milk	5/9 Sausage Pancake Wrap 100% Juice or Fruit Low Fat Milk	5/10 Cinnamon Pretzel Stick 100% Juice or Fruit Low Fat Milk	5/11 Scrambled Egg Patty w/ Cheese on English Muffin 100% Juice or Fruit Low Fat Milk	5/12 Sausage Pancake Wrap 100% Juice or Fruit Low Fat Milk
5/15 Breakfast Pizza Juice or Fruit Low Fat Milk	5/16 Mini French Toast Juice or Fruit Low Fat Milk	5/17 Assorted Filled Mini Bagels 100% Juice or Fruit Low Fat Milk	5/18 Scrambled Egg Patty w/ Cheese on English Muffin 100% Juice or Fruit Low Fat Milk	5/19 Assorted Fruit Filled Pastry 100% Juice or Fruit Low Fat Milk
5/22 Breakfast Pizza Juice or Fruit Low Fat Milk	5/23 Sausage Pancake Wrap 100% Juice or Fruit Low Fat Milk	5/24 Cinnamon Pretzel Stick 100% Juice or Fruit Low Fat Milk	5/25 Scrambled Egg Patty w/ Cheese on English Muffin 100% Juice or Fruit Low Fat Milk	5/26 Sausage Pancake Wrap 100% Juice or Fruit Low Fat Milk

Meal Prices:
High School Paid Breakfast \$ 1.45
Elementary School Paid Breakfast \$1.20
Reduced \$.30

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Breakfast Pizza
Banana or Blueberry Muffins
Assorted Mini Loafs
Fortified Breakfast Pastries
Fruit Smoothie & Crackers

Variety of Fresh Fruit, 100% Fruit Juice and
Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

**Proud to manage your
food service program**



The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE



Whole Grains
Available Daily