

North Schuylkill Elementary April / May Lunch Menu

Food Service Director: Kim Shatalsky
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Lunch Prices:
Paid \$2.25
Reduced \$.40



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana

*Vegetables include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4/24 Chicken Fajita On a Soft Tortilla Shell Salsa Green Beans Mandarin Oranges Fat Free Milk	4/25 Penne Pasta and Meatballs Bread Stick Broccoli Florets Mixed Fruit Fat Free Milk	4/26 White Bean Chicken Chili Nacho Chips Bread Slice Corn Mixed Fruit Fat Free Milk	4/27 Cheese Steak on a Roll Oven Baked Fries Apple Sauce Fat Free Milk	4/28 Macaroni and Cheese Bread Slice Stewed Tomatoes Sweet Peas Peach Cup Fat Free Milk	
5/1 Nacho Chips w/ Seasoned Beef Bread Slice Corn Pineapple Tidbits Fat Free Milk	5/2 Pork Riblet on a Roll Green Beans Mixed Fruit Fat Free Milk	5/3 Grilled Cheese Sandwich Tomato Soup Glazed Carrots Diced Pears Fat Free Milk	5/4 Chicken Parmesan w/ Penne Pasta Bread Slice Broccoli Florets Peach Cup Fat Free Milk	5/5 Mini Corn Dogs Baked Beans Apple Sauce Fat Free Milk	
5/8 Chicken Strips Bread Slice Corn Apple Sauce Fat Free Milk	5/9 French Toast Sticks Sausage Patty Potato Tots 100% Fruit Juice Fat Free Milk	5/10 Pizza Pasta Bake Bread Stick Broccoli Florets Pineapple Tidbits Fat Free Milk	5/11 Salisbury Steak w/ Gravy Buttered Noodles Bread Slice Green Beans Pineapple Tidbits Fat Free Milk	5/12 Meatball Hoagie Glazed Carrots Sliced Pears Fat Free Milk	 Whole Grains Available Daily
5/15 Nacho Chips w/ Seasoned Beef Bread Slice Corn Pineapple Tidbits Fat Free Milk	5/16 Pulled Pork on a Roll Baked Beans Diced Pears Fat Free Milk	5/17 Sweet and Sour Meatballs over Buttered Noodles Glazed Carrots Mandarin Oranges Fat Free Milk	5/18 Chicken and Gravy over Waffles Green Beans Mixed Fruit Fat Free Milk	5/19 Macaroni and Cheese Bread Slice Stewed Tomatoes Sweet Peas Peach Cup Fat Free Milk	
5/22 Sloppy Joe On a Roll Baked Beans Sliced Pears Fat Free Milk	5/23 Swedish Meatballs over Buttered Noodles Glazed Carrots Peach Cup Fat Free Milk	5/24 Chicken Cheese Nachos w/ Salsa Bread Slice Green Beans Mixed Fruit	5/25 Breaded Pork Chop Bread Slice Mashed Potatoes w/ Gravy Peach Cup	5/26 Carnival Day Hot Dog Baby Carrots Fresh Fruit Fat Free Milk No Alternate Lunch	5/30 Pork Riblet on a Roll Glazed Carrots Mixed Fruit Fat Free Milk
Monday Alternate Cheeseburger on a Bun Or Breaded Chicken Salad w/ Dinner Roll	Tuesday Alternate Hot Dog on a Roll or Breaded Chicken Salad w/Dinner Roll	Wednesday Alternate Chicken Nuggets Or Breaded Chicken Salad w/Dinner Roll	Thursday Alternate Ham and Cheese on a Roll or Breaded Chicken Salad w/Dinner Roll	Friday Alternate Cheese Pizza Or Breaded Chicken Salad w/Dinner Roll Dinner Roll	5/31 Breaded Chicken Sandwich Green Beans Apple Sauce Fat Free Milk

The School North Schuylkill District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE